

BASKETBALL

The Game of Champions

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WHAT IS BASKETBALL?

Basketball is a team sport played by two teams of 5 players each.

The goal is to score points by throwing the ball through the opponent's hoop.

It is one of the most popular sports in the world, especially in the USA.

A standard game has 4 quarters of 12 minutes each.

FUN FACT: Basketball was invented in 1891 by Dr. James Naismith in Massachusetts, USA!

BASIC RULES

1

Scoring

2 pts inside the arc, 3 pts outside, 1 pt free throw

2

Dribbling

Players must bounce the ball while moving

3

Fouls

Illegal physical contact gives free throws to the opponent

4

Out of Bounds

Ball goes to the other team if it leaves the court

5

Shot Clock

Teams have 24 seconds to attempt a shot (NBA rules)

PLAYER POSITIONS

PG

Point Guard

Leader on the court, controls the game and distributes the ball

SG

Shooting Guard

Main scorer from the perimeter, specializes in 3-pointers

SF

Small Forward

Versatile player that can score, rebound and defend

PF

Power Forward

Physical player near the basket, rebounds and scores inside

C

Center

Tallest player, dominates the paint on both ends of the court

LEGENDARY PLAYERS

#1

Michael Jordan

1984–2003

6x NBA Champion, 5x MVP. Known as the G.O.A.T. — Greatest of All Time

#2

LeBron James

2003–present

4x NBA Champion, 4x MVP. All-time leading scorer in NBA history

#3

Kobe Bryant

1996–2016

5x NBA Champion with the LA Lakers. Famous for his Mamba Mentality

FUN FACTS & STATS

30

NBA Teams

29 in the USA + 1 in Canada (Toronto Raptors)

450M

Fans worldwide

Basketball is the 3rd most popular sport globally

10 ft

Hoop Height

The standard basket height since the sport began

1992

Dream Team

USA's first Olympic team with NBA stars (Jordan, Bird, Magic)

WHY BASKETBALL IS AMAZING

- Fast-paced and exciting to watch
- Develops teamwork and communication
- Improves fitness, speed and coordination
- Can be played anywhere with a ball and hoop
- Brings people together across cultures

*"You miss 100% of the shots
you don't take."
— Wayne Gretzky*

THANK YOU!

*Basketball is more than a sport —
it is a passion shared by millions around the world.*

Any questions?